

### Incontro internazionale di speleologia

29 ottobre - 1 novembre 2021

#### "RUPESTRIAN CAVES OF SAN VITO AND SAN BIAGIO"

Camerota (SA) Organised by: Tetide APS



Starting from Piazza San Vito we head towards the rupestrian chapel of the homonymous saint. It is a small anthropic cave that attests, together with many other cultic caves present in the lower Cilento, the presence in medieval Lucania of the Italian-Greek monks (Basilians) with their practices of eremitical life. Inside, in the back wall, there are three niches, in the centre of which a cross is engraved. The entrance is carved into the stone and reproduces a portal.

Still on foot, we go to the heliport square to go to the cave of San Biagio. It is a 25 x 11 m wide shelter inside which there are anthropic works including a large basin. Inside there are also a chapel and an altar. This is also a small rupestrian chapel located within a natural cavity of the cliff culminating with the ruined Camerota castle that opens onto the *Armu*, a deep and steep overhang.

Dates: from 25 October to 1 November

Maximum number of participants:

*Cost per person*: € 00.00 free for members of the rally.

>> N.B. Any anti-covid measures will be considered if still in force (mask, distancing, limited number of people in closed places).

*Time:* appointment in Camerota in Piazza San Vito, departure at 09:00 A.M.

**Departure** from Piazza San Vito at Camerota village.

Arrival: Rupestrian cave of San Vito and San Biagio

Return: the same route

Time average distance 2 h

Distance: about 4 km in total.



Difference in altitude: 180 m Equipment: mandatory hiking shoes - optional sticks. In backpack: Water, hat or sunscreen, raincoat. Type of route: Pathway Rating: E (Hiking)

Speleo Kamaraton evento IYCK

Marina di Camerota (Salerno – Italia) info@speleokamaraton.eu



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#### Photo (from the web):



The perched village of Camerota (SA)



Cave of San Vito CACp135SA

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Inside the Cave of San Biagio Cp357

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